



cancer transitions

Moving Beyond Treatment

A Program of the Cancer Support Community and LIVESTRONG™

Are you a cancer survivor?

We invite you to be a part of a FREE multi-week program designed to support, educate, and empower your transition beyond cancer.

Sponsored by The University of Chicago Comprehensive Cancer Center through support from LIVESTRONG™ and the Cancer Support Community, these weekly sessions focus on:

- Nutrition
- Exercise
- Stress reduction
- Medical management
- Quality of life

For more information or to RSVP, contact Ivy Siu at 1-312-791-0418 x2202 or ivy_siu@caslservice.org.



Where

Chinese American Service League
2141 S Tan
Chicago

When

Tuesdays
11:00 a.m. – 1:30 p.m.

April 3
April 10
April 17
April 24
May 1
May 8
May 15
June 12