

Please note that details on these events are printed on the back of this page.

To be included on this calendar or to make corrections, please contact the Cancer Resource Center at 1-877-824-0660

## Calendar of Events for Cancer Patients and Their Families

Compiled by the University of Chicago Cancer Resource Center

*The Cancer Resource Center is a*

For information or to schedule an appointment:  
1-877-824-0660  
mherbert@bsd.uchicago.edu

*Drop-ins always welcome!*

# MARCH 2012

SUN	MON	TUE	WED	THU	FRI	SAT
				1 -Community Fitness -Courage to Quit	2 -Community Fitness	3
4	5 -Community Fitness -Look Good..Feel Better Support Group	6 -Facing the Mirror -Courage to Quit	7 -Community Fitness -Gilda's Club Activity -Lung Cancer Net- working Lunch	8 -Courage to Quit -Community Fitness	9 -Community Fitness	10
11	12 -Community Fitness -Woman's Cancer Support Group	13 -Facing the Mirror -Courage to Quit	14 -Community Fitness -Gilda's Club Activity -Women of Color Support Group	15 -Community Fitness -Courage to Quit -General Cancer Networking Group	16 -Community Fitness	17 -Y-ME Breast Cancer Support Group
18	19 -Community Fitness - Women's Cancer Support Group (Weiss) -PRISM	20 Facing the Mirror -Courage to Quit	21 -Community Fitness -Gilda's Club Activity -Prostate Cancer Sup- port Group (Weiss)	22 -Courage to Quit -Community Fitness	23 -Community Fitness	24 Deep Hypnosis Class
25	26 -Community Fitness - Woman's Cancer Support Group	27 -Facing the Mirror -Courage to Quit -Head and Neck Cancer Networking Group	28 -Community Fitness -Gilda's Club Activity	29 -Courage to Quit -Community Fitness	30 -Community Fitness	31



### **Facing the Mirror with Cancer**

Program Date and Time: Private appointment

Program Location: Location varies

Program Contact: Lori Ovitz, author of *Facing the Mirror with Cancer*

Phone: 312-550-8485      RSVP: Yes      Audience: Cancer patients (male & female)

Description: A make-up program to teach cancer patients how to overcome visual side effects. Please call to set-up a complementary appointment in advance.

### **Y-ME Breast Cancer Group**

Program Date and Time: Every 3rd Saturday, 10:30-noon

Program Location: DCAM room #1402

Program Contact: Peggy Williams

Phone: 773-702-6730      RSVP: Yes

Audience: Women with breast cancer.

### **Lung Cancer Networking Lunch**

Program Date and Time: Every first Wednesday of the month, 12:00 noon

Program Location: Radiation 1D

Program Contact: Cancer Resource Center

Phone: 877-824-0660      RSVP: Preferred

Audience: People diagnosed with lung cancer

Description: An opportunity to share information and experiences with others diagnosed with lung cancer. Lunch will be provided\*\*\*

### **Women's Cancer Support Group**

Program Date and Time: Every second and third Monday , 10:30 am– 12 noon

Program Location: Please call for location

Program Contact: Peggy Williams @ 773-702-6730 or the Cancer Resource Center @ 877-824-0660

Audience: Women in cancer treatment      RSVP: Yes

Description: A support group for women with cancer for sharing common concerns and experiences.

### **Deep Hypnosis Class**

Program Date and Time: Every 4th Saturday of the month 10am– noon

Program Location: 126th Chestnut Street, Fourth Presbyterian Church

Description: Free program shows you how to use the power of your own deep mind to maximize your healing power.

Contact: Peggy Williams @ 773-702-6730 to register

### **Woman's Cancer Support Group**

Program Date and Time: First and third Monday of the month, 2008 1:30-3:00

Program Location: Weiss Memorial Hospital

Program Contact: Peggy Williams

Phone: 773-702-6730      RSVP: Yes

Audience: Women with cancer.

Description: A support group for people with cancer for sharing common concerns and experiences.

### **Program in Integrative Sexual Medicine**

Program Date and Time: By Appointment Only @ 5758 South Maryland (DCAM)

Program Contact: Eileen Stonys      Phone: 773-702-6123

Audience: Women and girls with cancer.

Description: Program that aims to help women and girls understand, prevent and overcome sexual problems that may arise due to, or in the course of, cancer treatment and recovery

### **Gilda's Club Chicago**

Program Date and Time: Wednesdays 11-2 pm, Thursdays 11-2

Program Location: 4th floor Atrium (DCAM building, North end)

Program Contact: Kathleen Boss 312-464-9900

Audience: Friends and family members of people with cancer

Description: 11-12pm – Weekly Workshops, 12-1 Gilda's Club Orientation, 1-2 pm- Networking Group

### **Us Too– Prostate Cancer Support Group**

Program Date and Time: Every third Wednesday of the month 10-11:30

Program Location: Weiss Memorial Hospital

Program Contact: Nora Ausriene at 1-800-503-1234

RSVP: Required

Audience: Men being treated for prostate cancer

Description: A support group for men with prostate cancer for sharing common concerns and experiences

### **Head and Neck Cancer Networking Group**

Program Date and Time: Every fourth Tuesday of the month

Program Location: DCAM #1005

Program Contact: Cancer Resource Center 877-824-0660

RSVP: Preferred

Audience: Men, woman and caregivers affected by head and neck cancer

Description: A networking group for men, women, and caregivers affected by head and neck cancer for sharing common concerns and experiences

### **Courage to Quit – Respiratory Health Association**

Program Date and Time: On-going, call for days and times.

Program Location: Respiratory Health Association (1440 West Washington Blvd)

Phone: 312-243-2000

Description: Behavioral counseling sessions for tobacco users who desire to quit.

Program Date and Time: Every fourth Saturday of the month 10am– noon

Program Location: 126 E. Chestnut Street, Fourth Presbyterian Street

### **Courage to Quit**

Program Date and Time: Tues 11:00-5:00

Program Location: University of Chicago

Phone: 773-834-5372

Audience: Tobacco users who desire to quit

Description: Treatment includes six individual one on one behavioral counseling sessions with therapist.

These services will cost \$25, refundable upon completion of the program.

### **General Cancer Support Group**

Program Date and Time: 3rd Thursday 1:30-2:30

Program Location University of Chicago #1005

Program Contact: 877-824-0660

Audience: Anyone affected by cancer

### **Cancer Networking Group for Women of Color**

Program Date and Time: 2nd Wednesday 10-11

Program Location: 4th Floor Atrium DCAM

Program Contact: Kimberly Nelson 773-834-7206

### **Look Good...Feel Better®**

Program Date and Time: 1st Monday of every month 10:30am

Program Location: DCAM 1st Floor, Room #1005

Program Contact: Cancer Resource Center at 1-877-824-0660 to reserve a spot

Audience: Women in cancer treatment

Description: A program to help women counteract the visible side effects of radiation and chemotherapy.